**The LING Lift Quick 30 Minute Treatment**

Cleanse and rinse face will the cleanser you normally use in treatment.

Apply **Sparkling O2 Mask** to face and neck. Do not rub in, just apply! Clients will feel little explosions on their face. Kind of like the pop rocks that we used to eat as kids! Use the My Skin Buddy in cleansing mode on top of product for 3 to 5 minutes.

Rinse well. You may use your ultrasonic spatula to remove products before rinsing.

Apply **Ginseng Therapy Moisture Mask** generously to face and neck. Use the My Skin Buddy in Ultrasound mode on top of the product for 4 to 5 minutes on each side of the face with upward movements. Spray my Real Transformation Peptide HydroMist on top if you need more slip (not in kit).

Hot towel wrap and rinse well.

Apply **Freeze & Uncrease** to face and neck. Let it set for 1 minute before next step.

Apply **Oxygen Plasma Glow.**

Top off with sunscreen if it’s day time.

Your client’s skin will feel super hydrated and tone. Suggested pricing fort his 30 minute treatment: it will different according to your location but I feel it should be no less than $60 and upwards of $75. These are specialty products and they will see results immediately.