



The MBK Wave

Combining 4 modalities for optimal treatment results. The Wave offers the flexibility of using the modalities individually or all four simultaneously.

Modalities:

***Ultrasound waves** (3 million per minute) act on the body in the following way: they stimulate cells. The tiny massage it produces expands the space in which the cells exist, causing movement of cytoplasm, the rotation of mitochondria, and the vibration of the cell nucleus; it stimulates and expands the cell membrane. It improves local blood and lymph circulation, and increases the penetration of skin enhancing products.

***Biomechanical Vibrations** (6000-7000 times per minute) send gentle vibrations that stimulate muscles. The effects are particularly beneficial for speeding up metabolism by improving the supply of nutrients and oxygen to the tissue for smooth healthy skin. This is the mode that I feel that induces the toning!

***Ion+ electrical current** draws debris out of the pores for a deep cleanse. Use over top of cleanser.

***Ion- electrical current** drives product deeper into the skin creating better hydration and effectiveness of ingredients. For optimal product penetration use this mode in combination with Ultrasound mode.

***Red LED** 620-630nm: Stimulates fiber cells, improves blood circulation, reduces fine lines and wrinkles. Anti-aging and pigmentation.

***Blue LED** 460-470nm: Kills surface bacteria and calms skin.

***Green LED** 520-530nm: Kills bacteria at a deeper level to help eliminate acne. Works on pigmentation issues as well.

Usage:

Use the Wave in Ion+ mode over any cleanser for a deep cleanse. Use for 2 to 3 minutes.

You can offer this as a 10 to 15-minute add-on to any facial treatment or as a full hydrating/lifting treatment that includes 10 minutes using the Wave on each side of the face.

If using the wave in a full facial use it toward the end of the treatment. Once you've penetrated great products into the skin with the Wave, you don't want to apply another product (such as a mask) that you will rinse off. You can put your client under LED after using the Wave and then apply sunscreen.

A series of treatments will be twice a week for four to six weeks depending on the age of the client and the condition of their skin. Maintenance is once a month. Always leave one day in between treatments.

There needs to be a product on the skin to conduct the modalities. You may use any water-based gel or high moisture product for conduction. Remember that you are driving the product deep into the so you don't want to use something with inferior ingredients!!

My favorite combinations are QUL GLO Serum with QUL Firming and Hydrating Gel Mask on top or make a cocktail of QUL GLO Serum and QUL Anti-Aging Moisturizer

Use two units to save time. Do both sides of the face at once! Recommended time for a good lift is 10 to 15 minutes on each side of the face.

Treatment idea: offer a 30-minute Super Lift treatment. Use Ion mode over QUL Exfoliating Cleanser, 20 minutes (10 minute each side of the face) of the Wave in Ultrasound and Biomechanical Vibration Mode with red LED. Depending on what product you are using you may leave it in the skin. If it is a gel mask, please do a hot towel wrap and rinse.

Movements:

Apply product to half of the face and neck working that half for 5 to 10 minutes. Your movements will be upward starting on the lower neck. Make your movements slow with a pause at the end. No need to put pressure, just glide the unit. When finished with the first half of the face apply product to the second half and repeat. Watch the video showing movements on the full face. <https://youtu.be/wEkez2Dwolk>

If your product dries out a bit just add water. No need to add more product. The unit needs plenty of water/moisture to conduct well.

NOTE: Please be sure your hands are clean of product and dry before using. If not, you will feel the current in your hand.

Operation:

Plug the adaptor into device and charge - there will be a "Beep" sound which means the machine is ready to begin charging.

When charging the Wave, the LCD screen will light up in blue. When fully charged, the light will be off. Charging time is around 3 hours, and will allow for 2.5 hours for continuously using.

1. Push the on/off button to turn the machine on. LCD lights up after a beeping sound.
2. Press MODE to select the modality. The flashing modality name is the mode you are on.
3. Then press SHIFT to raise power level of that modality
4. Press CFM to confirm/lock in that modality.

5. After you've set your first modality, press MODE to choose the next modality. Repeat steps 3 and 4 with each modality.
6. Continue to repeat until each modality you want to use is working. If there is a modality that you do not want to use continue to hit MODE to go past that modality.
7. Timer. The default setting for "auto off" is 15 minutes. When the timer is flashing hit the shift mode to change the time. 19 minutes is the highest amount of time. Once timer is set where you want it press CFM to confirm/lock in that time.

NOTE: Ion+ & Ion- cannot work at the same time.

Function combination	Sonic	Ion+	Ion-	Massage	Photon
Single function					
Double functions					
Three functions					
Four functions					

Misc. Info:

It's fine to use the Wave on clients with fillers and botox. They may find that it even lasts a bit longer because of this treatment! Wait a minimum of 10 days before doing the Wave treatment in areas injected.

A tip for better results: Make sure that your client is hydrated (have her drink a glass of water before you start the treatment). Ask them to not drink a lot of alcohol the night before their treatment. Alcohol will definitely dehydrate them!

Goggles contain Latex.

Cleaning: wipe with anti-bacterial or alcohol wipe after each client. Do not spray alcohol on the unit. Do not immerse unit in liquid.

Contraindications:

- Metal implants such as pacemakers or electronic monitoring devices
- Metal implants in the mouth or jaw area
- Persons diagnosed with basal cell carcinoma on the face
- Pregnancy
- Persons prone to seizures such as associated with epilepsy
- Persons with phlebitis or thrombosis (only if used on body not face)
- Broken or inflamed areas of skin

IMPORTANT SAFETY PRECAUTIONS- READ ALL INSTRUCTIONS BEFORE USING

- Do not charge this device with any other charger. Use only the charger that was supplied.
- Do not place or store the device near water, such as a sink or tub.
- This device should be kept out of the reach of children.
- Keep the AC adapter and device dry.
- To clean after use, simply wipe with an anti-bacterial wipe.

DO NOT GET THIS DEVICE WET.

- Do not operate the device while plugged in.
- Never operate this device if it has a damaged cord or plug.
- Do not wrap the cord around the appliance.
- Remove contact lenses before using.
- If you are experiencing serious skin problems, contact your dermatologist.

All MBK devices have a 2-year warranty. If you have any issues with your device, please contact Laura Porter at laura.porter@telefieldna.com.