

The Photon NanoSkin Protocol

Congratulations on your new toy!! You and your clients are going to love this treatment. Have fun and be creative. Look at your clients face as if you are sculpting! Make sure to give yourself a treatment before using it on a client...you really need to know what they are experiencing.

Please read the instruction booklet that came with your NanoSkin Pro completely. It is very thorough on how to use the different modes. Below is just some added information from me about how I do the treatment. **You do not need to download the app. That's only if we have upgrades and I will contact you!**

Great quick explanation to your clients: Using a combination of five cutting edge modalities, microcurrent, electroporation, radio frequency, bio mechanical vibrations and LED we can stimulate and tone facial muscles while at the same time inducing deeper penetration of quality hydrating ingredients.

The first thing you want to do is plug in your NanoSkin Pro to completely charge it! It comes partially charged. The company says that it is okay to leave plugged in at all times. I feel though that it's best not to leave the unit plugged in all the time. In my head, constantly charging it lessens the lifetime of the unit. I may be completely wrong about that but I don't leave it plugged in. Leave it in the stand but only plug in when it needs be to charged. It charges very quickly!

Treatment Ideas: You can offer this as a quick 8 to 10-minute add-on or full 30-minute Super Lift treatment. I am hearing from Estys that are offering this treatment, that they are charging \$25 to \$30 for a 10 minute add on and \$50 to \$75 for a 30 minute Super Lift treatment (cleanse, exfoliation, 15 minute of the NanoSkin, sunscreen). For best results with toning and lifting do 10 minutes on each side of the face.

The NanoSkin also has a cleansing mode. Use it in cleansing mode over your cleanser, rinse and then apply an enzyme. Rinse well before moving on to the next step. I would stay away from using strong peels during this treatment unless you know the client's skin well.

When using the NanoSkin in cleansing mode, take off the magnetic ring, place a damp 2x2 gauze or cotton square/round over the face of the unit then place the magnetic ring back on. The ring holds the gauze in place. Apply cleanser to the face and then use NanoSkin on top of the cleanser to 2 to 3 minutes. You don't have to use the gauze for cleansing but if the client has quite a bit of makeup on, I like to use the gauze so my unit doesn't get gunked up! 😊

For product penetration/lifting I use the NanoSkin toward the end of the treatment. Once you've done the NanoSkin, you really don't want to apply another product (like a mask) that you are going to take off. Just apply sunscreen and send them on their way.

A series of treatments will be twice a week for four to six week depending on the age of the client and the condition of their skin. Maintenance is once a month. My clients over 45 like to come in every three weeks. Always leave one day in between treatments. If they cannot come twice a week, don't discourage them from doing the treatment but do explain that it will take longer to see results.

There needs to be product on the skin to conduct the current. No product means nothing is happening! You can apply any serum that you like (according to their skin condition) and then your conductive product over the top. I like to make a cocktail of QUL anti-aging moisturizer, oxypro serum and a few drops of GLO serum. You can also try QUL Firm and Hydrate Mask in your cocktail instead of the anti-aging moisturizer. Remember that electroporation **really** penetrates product deep, so you don't want to use something with inferior ingredients!! **This unit seems sensitive to products. Meaning, that if there is not enough moisture in the product it will not conduct well.**

If your product gets dry just put your fingers in your water bowl and tap the water on their face or Cosmo Prof has a really great misting bottle! No need to apply more product!

DO NOT use heavy oil-based products. They will erode the sensors to the battery over time. This will ruin the unit. We will not cover this under warranty. If the unit stops working we can tell if this is because of using oil based products.

Always start on a lower setting. Most clients won't feel much on a low setting, but you never want to have them feel too much too fast. I do a couple of slow movements and then ask them how they are feeling and then ask if I can turn it up. With Microcurrent, stronger doesn't mean better results. It is supposed to mimic our body's electrical current. If they are feeling too much, lower the level. Be aware that some people feel more on one side of the face than the other...it's strange!

I start on the neck and move my way up the face. Make your movements **slow** with a pause at the end. No need to put pressure, just glide the unit. **If using radio frequency mode alone, do not do the pause at the end. Always keep moving with RF!**

If doing just a short 5-minute treatment, it can be done daily (for yourself!) for a week. If you are using this as a lifting treatment, meaning 10 to 15 minutes on each side of the face, then leave one day in between treatments.

Here is a 12-minute video done by Jaclyn, the United States distributor using the original NanoSkin Pro **without LED (our first model)**. Her movements are a bit fast but otherwise, this is a really good video showing you one of the programs you can use:

<https://www.dropbox.com/s/yl8fj0hcjfyv9r/Video%20Oct%2019%2C%201%2006%2027%20PM.mov?dl=0>

Here's a quick video explanation. You will notice that I'm showing our first white model NanoSkin Pro. The information in the video is still pertinent: <https://youtu.be/dVSEeHvICg>

In the above video I mention a video using a different piece of equipment where the movements will be exactly the same as you'll do with the NanoSkin Pro. Here it is:

<https://www.youtube.com/watch?v=GbLgHmX6FBU>

If your client has any silver fillings in her mouth, she may get a metallic taste. Start on the lower level and move up according to her comfort level. If she has metal implants in her jaw....stay away from the lower face...you may not even want to do this treatment on her!

It's fine to use the NanoSkin on clients with fillers and Botox. They may find that it even lasts a bit longer because of this treatment! Please wait at least one week after injections before doing the NanoSkin treatment.

A tip for better results: Make sure that your client is hydrated (have her drink a glass of water before you start the treatment). Ask them to not drink a lot of alcohol the night before their treatment. That will definitely cause dehydration!

Cleaning: Use an anti-bacterial wipe or cotton round with alcohol to clean your NanoSkin. Please wipe it down really well in between each client. First of all, this is necessary for sanitation and second, it will elongate the life of the unit if you don't have product caked in the nooks and crannies. Don't laugh....I've seen this! It's not cool!

Contraindications: Pregnancy and pacemaker are the main contraindications. Cardiac stents are not a contraindication. Hypertension also is not a contraindication as the microcurrents improve the microcirculation and lymphatic system thereby improving healthy blood flow.

If you get the language off of English here is how to change it:

Hit OK button to turn on

Hit OK button

Hit down arrow 6 times

Hit OK

Hit down arrow 2 times

Hit OK

The screen should now have three lines that say:

Chinese

English

Japanese

There is a highlighted dot to the left. The center word is English. Make sure the highlighted dot is on the middle (hit the up or down arrow to get there).

Once the highlighted dot is on English hit OK

Technical Info

RF: 1 MHZ

EMS: 199 Hz (microcurrent)

ENI: 9-10 Hz (electroporation)

Ion: 686 Hz

The NanoSkin Pro Modalities Explained:

Electroporation

Electroporation uses short modulated pulses of high voltage to create transient aqueous pores in the

skin. This application of an electrical pulse momentarily disrupts the cell membrane, allowing the entry of product. When the pulse ceases, the membrane returns to its original structure, leaving product that has been penetrated into the interior of the cell in place! The effect of the electroporation lasts for a few seconds, therefore allowing the introduction of product. This dramatically increases skin permeability. In simple language...electroporation is opening a door that allows us to insert products deeper into the skin. Electroporation is the most effective non-invasive, needle free technology available to safely transfer skin care products into the skin. This mode is great for dehydrated skin or when you want to drive a particular ingredient deep into the skin.

Nanocurrent (electrical muscle stimulation)

EMS or Nanocurrent or Microcurrent aids in reducing the signs of aging by utilizing a low level of electricity known as microcurrent. These tiny microcurrent impulses trigger chemical reactions at a cellular level to enhance the production of natural collagen and elastin, provide circulatory benefits and work directly on the nerves and muscle fibers. The result is visible firming and smoothing of the skin. Your body seems to use the Microcurrent energy to increase its own energy production. Microcurrent increases the production of ATP, your own chemical energy, by up to 500%. To quote D. Tsoklis, an expert on the subject, "Microcurrent is the reproduction of your own biological current. As we age, this current, which sends messages from the brain to the muscles via the spinal cord, does not send those messages properly." The Microcurrent treatment restores those messages from the brain to tell the skin to rejuvenate. It helps tone facial muscles by replicating our own biological currents. That is why this treatment is such a safe alternative to some of the invasive and risky treatments on the market today.

Radio Frequency

Simply put...its thermal energy! Since RF energy produces an electrical current instead of a light source, tissue damage can be minimized, and epidermal melanin is not damaged either. With this knowledge, RF energies can be used for clients of all skin types – that is, it is color blind, allowing for ultimate collagen contraction and production of new collagen. In addition to stimulating new collagen, the radiofrequency treatment also causes some contraction of the skin, thus tightening it. Although you'll notice the treatment's tightening effects immediately, the more significant improvement will occur gradually over a period of several weeks or months as the new collagen forms. This mode is good for that client with a fatty jawline. It helps to break up fat cells.

Biomechanical Vibrations

(6000-7000 times per minute) send gentle vibrations that stimulate muscles. The effects are particularly beneficial for speeding up metabolism by improving the supply of nutrients and oxygen to the tissue for smooth healthy skin. This is the mode that I feel that really induces the toning! This sonic massage increases ingredient penetration and absorption and it relaxes the client.

Red LED

620-630nm: Stimulates fiber cells, improves blood circulation, reduces fine lines and wrinkles. Anti-aging and pigmentation.

Blue LED

460-470nm: Kills surface bacteria, anti-inflammatory and calms skin.

Cooling

The cooling mode closes and tightens pores locking in moisture and nutrients. Great at the end of the treatment. Also use after extractions, acids peels and waxing for calming. I recommend to wipe

the head of the device with alcohol or an anti-bacterial wipe before starting the cool setting to make sure all sensors are clear. The cool comes from the inner silver plates. Cooling modes only stays on for 3 minutes. Please be sure to wipe the sensors on the head of the unit after using other modes before turning on cooling. Any product left on the sensors will inhibit the unit from getting cold.

Please feel free to reach out with any questions! support@shelleyhancock.com (925) 392-8114