

Using the TCA Exfoliator in Treatment. Please shake product before using!

As a Treatment Booster:

Cleanse the face. Take cleanser off with the Ultrasonic Spatula for a light exfoliation. You can then use the DermaDisc lightly around the face if you'd like. (Please no steam)

Saturate a 4X4 gauze with TCA (You can put the TCA in a bowl and apply with a brush if you prefer). Wipe around the face. I like to put a little bit of elbow grease in deeper wrinkles and pigmented areas. If this is the first time using the TCA on the client let product sit for 5 minutes and remove it. If you've used this TCA on the client before with no issue, you may apply a thin layer and leave it on.

I like to put my client under the LED panel during the 5 minutes. Do not wash product off. Continue with the rest of the facial. The TCA with only 1-layer acts as a fabulous treatment booster.

TCA Intensive during Treatment:

Prep skin as above. Apply one layer of TCA. Let it dry for 2 minutes. Apply a layer of Skin Repair or Night Repair. Put client under LED for 5 minutes. The first time you do this on a client, please rinse before moving on. If they have no irritation from this, the next time you may leave the product on and move forward with the treatment.

Note: Using the night repair will be more intense than the skin repair. Start with the skin repair and work up to the night repair.

TCA Peel Series:

The client needs to come in once a week for 4 weeks. This is a quick treatment. Cleanse the face. Take cleanser off with the Ultrasonic Spatula for a light exfoliation. You can then use the DermaDisc lightly around the face if you'd like. Saturate a 4X4 gauze with TCA.

Week One: Apply one layer of TCA. If you have a red LED panel, put your client under it for 5 minutes. It's best if you don't apply any other product on top of the TCA but if it is sunny outside, wait 5 minutes and then apply sunscreen.

***Wait one to two minutes between layers. These three weeks you will rinse off the TCA unless you want to create a deep peel, then leave the product on.**

Week Two: Repeat but apply two layers for TCA and rinse after 5 minutes.

Week Three: Repeat but apply three layers for TCA and rinse after 5 minutes.

Week Four: Repeat but apply four layers for TCA and rinse after 5 minutes.

This treatment series should be done in the Fall, Winter, or Spring. **Please do not offer this series in the middle of the Summer.** Offer it as an End of Summer Sun Damage Repair Series. In the Spring offer it as a Get Ready for Summer Series.

Note: I strongly recommend that each client purchases the Firm and Hydrate Mask when doing this series. The morning after their treatment with you, it's very beneficial for the client to apply the mask, leave on for at least 10 minutes, then rinse. This helps to keep the skin hydrated during this series. I've done this on myself with fabulous results.

Note: A single layer of TCA will absorb and neutralize itself. Each layer added on makes for a stronger and stronger peel. If the layers are then left on, it will take longer for the body to neutralize the product and you may end up with a deeper peel than anticipated and lead to irritation and/or over peeling.

Note: If a client has recently begun using physician prescribed retin a, please have them discontinue for one week before starting the TCA series. If they have been using a retinal product for quite some time and their skin is well adjusted to it, no need to discontinue for a week before. Please do advise your client not to use the retinal product the night after they've had the TCA treatment. I prefer having my clients discontinue their retinal during the TCA series. It just makes it easier than them trying to remember which nights they can and can't use it.

What do you charge: It will be different from City to City. It may be just \$50 in one City and as high as \$100 somewhere else. It's not going to cost you much in product and the longest this treatment will be is 20 minutes when you get up to 4 layers. Please come up with your own pricing according to your own pricing structure.