

## The Skin Energizer Hot/Cold Unit



The Skin Energizer Hot & Cold Skincare Tool is the perfect addition to your facials or offer it as a facial on its own. **Fire & Ice or Rest & Revive!**

Use the heat at the beginning of the treatment to get blood flowing and to relax your client.

Use the cold after extractions, waxing, to calm skin after a peel or at the end of a treatment to close pores and lock in product. Feels fabulous!

Heat goes up to 55 degrees Celsius with red LED. Cold goes down to 0 degrees Celsius with blue LED. The timer is 15-minute.

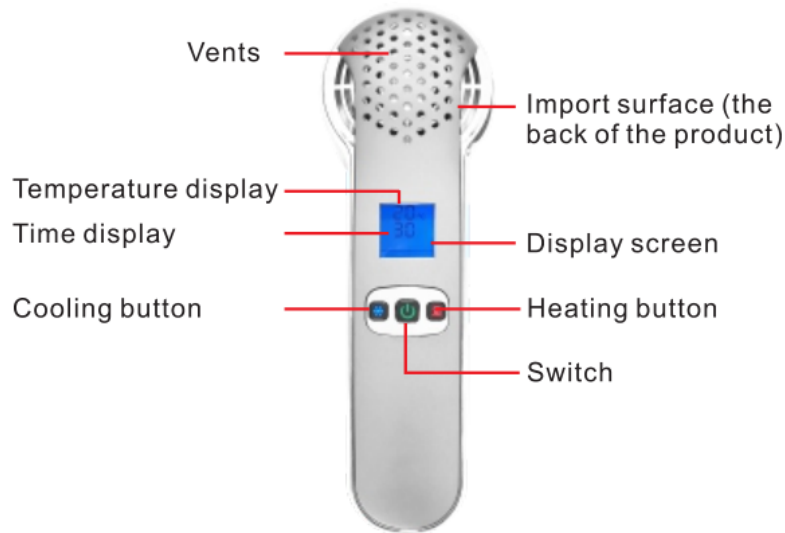
Press center button on/off. The face will light up. You will see "OFF and 15 min." on the screen.

The left button is cold. When you press the button, the temperature will begin to drop and hover at 0 °C (it may go up and down slightly). That is equal to 32 degrees Fahrenheit. The cold seems to drain the battery more than the heat, so when using it often during the day, I recommend you plug it in after each use.

The right button is heat. When you press the button, the heat will start at 35 °C and go up in 5-degree increments to 55 °C. This is equal to 131 degrees Fahrenheit. That seems hot but once applied to the face our body temperature actually cools it down. Just keep it moving.

Plug in to charge. It takes about 2 hours to fully charge. Center button will flash green when full charged.

The unit takes a minute or so to get to the optimal temperature whether you're using hot or cold. Please turn the unit on before applying product to allow time for the machine to warm up or cool down. I've noticed that if you use the cold while it's trying to get to the lowest temperature, the body heats it up so it does not get as cold. Hope this makes sense. Please call with any questions.



### **Quick "Fire & Ice" or "Rest & Revive" Treatment Idea:**

Cleanse using QUL Exfoliating Cleanser and then exfoliate using QUL enzyme. Rinse off enzyme well.

Apply QUL Firm and Hydrate Mask mixed with QUL GLO Serum and use heat for 3 to 5 minutes on each side of the face. Including the neck! This mask does not hold slip well, so please use a brush, and apply water from your water bowl as needed. No need to apply more products. Just use water.

Leave the product on and apply a cocktail of QUL Anti-aging Moisturizer, OxyPro Serum. Use cold over the top for 3 to 5 minutes on each side of the face. Including the neck! Leave product on. Add sunscreen.

**Interesting Info:** Hot and cold therapy (sometimes called contrast therapy) is also very beneficial in toning. During this treatment, skin vessels and capillaries undergo a period of vasoconstriction followed by vasodilation. This causes stored toxins trapped in the skin layers to be broken down and flushed away leaving the skin taut and supple. Heat activates collagen production in the deeper layers of the skin. Cold tightens the skin, reduces inflammation, and has a toning effect. The back-and-forth exchanges between heat and cold reinvigorates elasticity and an improved overall youthful feeling.

**Cleaning:**

Please clean unit thoroughly with an anti-bacterial wipe between clients.

**Precautions:**

Please do not use over an open wound. Please get consent from Physician for pregnant and breastfeeding clients.

Please do not leave plugged in continuously. This will elongate the life of the unit.

If you are not going to use the unit for long periods of time (several months) please plug it in once a month to charge. This will elongate the life of the unit.

Please do not disassemble or try to repair the unit by yourself. Call us for a replacement if the problem is under manufacturer warranty. Dropped units will not be replaced.

**Specification:**

Product Name: Skin Energizer Hold/Cold Unit

Rated Voltage: 5V

Rated Power: 10 W

Battery Capacity: 1200mAh

Product Size: 188\*64\*70mm